

Whole Milk

Nutrition Facts

Serving Size: 8 fl oz (240mL)

Servings Per Container: 4

Amount Per Serving	% Daily Value
Calories: 150	Calories from fat: 70
Total Fat: 8g	12%
Saturated Fat: 5g	25%
Trans Fat: 0g	0%
Cholesterol Amount: 35mg	12%
Sodium: 125mg	5%
Total Carbohydrate: 12g	4%
Dietary Fiber: 0g	0%
Total Sugar: 12g	
NA	
Protein: 8g	
Vitamin A: 6%	
Vitamin C: 2%	
Calcium: 25%	
Iron D: 0%	
Vitamin D: 25%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Whole Milk, vitamin D3.